

Spring edition, 2017

Newsletter Editor: Shannon Suo

From the Executive Director

Liz Kramer

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Register now for the

2017 Annual Meeting

Culture and Mental Health: Family Matters

- Princeton, NJ
- April 27-29, 2017
- Prices go up April 1, no foolin'!

Contents

Executive Director's message

2

Renew Your Sembership

Contact us 4

Well it's that time again; the SSPC annual meeting is only 4 weeks away (April 27-29)! This is a quick update of what's happening and what to expect.

If you have not yet registered, time is getting short. And prices go up on April 1. Don't forget that single day attendees are as welcome as those who are coming for the entire program. This should make the meeting especially attractive to people who live in the Northeast Corridor. Please visit <u>psychiatryandculture.org</u> to view the program, learn more and to sign up.

If you need a hotel room, the group rate of \$144.00 plus tax per night is only guaranteed until April 4. Reserve <u>here</u> now.







Maybe getting there isn't really half the fun, but it's not as bad as you may think. There are many ways to get to Princeton from New York and Philadelphia:

- You can drive, and there is plenty of free parking at the hotel.
- If you are coming from New York or Newark International Airport (EWR), the easiest and cheapest way is to take the New Jersey Transit Northeast Corridor line. (www.njtransit.com/sf/sf_servlet.srv? hdnPageAction=TrainTo). Trains to and from New York run approximately every half hour and most stop at the airport. One way regular fares are \$16-19; senior citizens with identification and those with physical challenges pay only \$7-12 each way (prices vary by date).
- From Philadelphia International Airport (PHL) you can catch a SEPTA train at the airport, to 30th Street Station where you change to another SEPTA train to Trenton. When you arrive in Trenton you cross the tracks and board a NJ transit train to Princeton Junction, which is the second stop. (http://www.septa.org/schedules/rail/)
- If you live in Philadelphia you can catch the train at 30th Street, Suburban Station or Jefferson Station (formerly Market East.)
- Limousine car service also is available from both Philadelphia and New York. We are still accepting requests from people who want to share limos from Newark Airport. Please send your arrival and departure information to me at ekramer931@gmail.com. We will work on scheduling cars, or put those who are arriving within 2 hours of one another in touch with each other during the first week of April. The average fare for one to four passengers is \$45.00 plus tip and tolls.

Continued, following page



Princeton Marriott at Forrestal, Princeton, NJ

Photo from Princeton Marriott Forrestal website

From the Executive Director, continued

Liz Kramer

- If you are staying at the Marriott, arrangements can be made by calling the bellman at the hotel, or you can contact any of the following three services*:
 - ♦ King Limo 609-951-0444
 - ♦ A1 Limo 800-367-0070
 - State Shuttle (to/from Newark & JFK Airports only) 800-427
 -3207
- Please note that some companies take only credit cards while others only accept cash, so check first and be prepared.
- Anyone flying Spirit Airlines to Trenton can just take a cab to the hotel or inquire at the airport.

When you get to the meeting and sign in you will receive your folder, which will include a program book, your name badge, which is required for admission to sessions and meals, and lots of information about Princeton and what to see and do and where to dine there.

Speaking of eating, we are organizing two group dinners on Friday for attendees who want to be with old friends, meet new people or don't want to dine alone. The restaurants we have chosen are Mediterra (www.Mediterrarestaurant.com) and an Indian Restaurant called Cross Culture

(www.<u>crossculturerestaurant</u>.com). I have tried both of them and they are excellent. If you want to join one of the groups please email me at ekramer931@gmail.com. April 14 is the last day for signing up. We have to confirm headcounts with the restaurants that day. And now for the bad news. This is the one meal that is not included in our registration, so please be prepared to pay for it.

Finally, if you are coming from afar and planning to go to New York after the meeting, you don't have an itinerary and you don't feel like googling to find out what's going on, you might want to invest in a copy of New York Magazine or the Sunday New York Times, and you may just want to stay a month! If you have any other questions please feel free to contact me.

This year's program is packed, and we know you will find it stimulating and learn a lot. Safe travels and best wishes. We look forward to seeing you in Princeton next month!



Photo from pexels.com

*Editor's note: SSPC has no relationship with these companies and accepts no indemnity for harm or losses associated. Information is provided for convenience only.

New York City is only 50 miles from the conference!

For more information about Broadway shows and to buy tickets, check out: http://www.nycgo.com/articles/winter-spring-2017-broadway-guide

For NYC tourist information, see: http://www.nycgo.com/

Time to Renew Your Membership!

It's the beginning of the year and time to renew your membership. Remember that for non-trainees who attend the entire annual meeting, you actually save more money on registration than you spend on membership! For example, for a physician member, early bird registration was only \$600 with CME, compared with \$850 for a non-member, a difference of \$250. But membership is only \$225!

And with your membership you not only get the annual meeting savings, but also free access to Webinars, Mentor of the Month, and electronic access to *Transcultural Psychiatry*! What a bargain!

Don't delay, <u>renew</u> today!

Attending	New Career	Retired	Non-	Trainee
Physician	Physician	Physician	Physician	
\$225	\$125	\$150	\$100	\$60

Register for the annual meeting before prices go up!!

	Member		Non- member	Single- day
	Regular (until 4/1/17)	Late (4/1/17 – onsite)		
MD	\$600/\$650 with CME	\$750/\$800 with CME	\$800/\$850 with CME	\$300
Non-MD Professional	\$400	\$550	\$600	\$225
Trainee	\$325	\$400	\$450	\$150
Accompanying person	\$400	\$450	\$500	\$200

Physicians and Non-physicians saved more on early bird registration as members than their price of membership!



psychiatryandculture.org

Be sure to renew your membership for 2017! Click here to pay your dues online.

Leave a legacy—consider donating to SSPC or recognizing SSPC in your will. While dues are not tax-deductible as charitable, donations are!

SSPC is a 501(c)3 charitable organization Tax ID #931133972

Dues are not deductible as a charitable expense, but may be deductible as a business expense. Consult with your tax advisor for details.

Contact SSPC

sspculture@gmail.com is for limited administrative functions and is not checked often. Instead, please send your emails directly to the people for whom they are intended. If you're not sure to whom they should go, send them to Liz and she will forward them appropriately. Thanks!

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