



Newsletter Editor: Shannon Suo

Message from the President

Roberto Lewis-Fernández

January, 2016

**Register NOW
for the 2016
Annual Meeting**

**Early bird ENDS
1/31/16**

**Transforming
Policy and
Practice for
Culturally
Competent
Mental Health
Care**

- **Minneapolis,
Minnesota**
- **May 5-7, 2016**

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It is very exciting to belong to an organization such as ours that for nearly four decades has focused attention on the role of culture in health, illness, and mental health care! The Program Committee has planned a full schedule of workshops, symposia, plenary lectures, awards, film, and a poster session for the 2016 Annual Meeting, May 5-7. In response to your feedback, we have tried to maximize the level of interactivity in the presentations – prioritizing the workshop format, for example – to facilitate exchange, active learning, and the engagement of diverse voices. We are excited by this format change and hope that it will make your experience even more rewarding.

The theme of our conference this year focuses on *Transforming Policy and Practice for Culturally Competent Mental Health Care*. We will explore how culture is addressed in policies and practices of clinical care, research, education, and advocacy. This theme is so timely because we are living in a period of major transformation. Not only is the Affordable Care Act in the United States attempting to revolutionize clinical care and advocacy, but policy and practice changes in education and research, such as the Psychiatric Milestones project and the NIMH Research Domain Criteria Initiative, are affecting the work we do on a daily basis. Even larger world events have been shaking up our clinical routine: in many parts of the world the international refugee crisis and the rise in terrorist attacks are starting to impact the way mental health services are delivered. These developments are even affecting how we understand our own identities as providers and as members of diverse social groups. The Annual Meeting offers a space to reflect on these and many other questions.

Beyond the Annual Meeting, I encourage you to join other SSPC activities! Our webinar series is scheduled three times a year and is free for SSPC members. In collaboration with *Transcultural Psychiatry* we explore key themes in cultural psychiatry over the web: a mini-annual meeting in the comfort of your own home or office! The next webinar is scheduled for early March and will focus on clinical and anthropological perspectives on the Syrian refugee crisis.

In addition, our mentorship program is launching a new program of regular open discussions with SSPC mentors to promote members' professional development: a kind of "office hours" over the web. We call it "Mentor of the Month." We will feature mentors in diverse areas of professional work, including education, research, and clinical care. I will lead the first session, which is scheduled for April 4 from 7:00-8:30pm ET. I would encourage you to become an SSPC mentor in your area of knowledge and expertise.

It is a time of growth and activity at SSPC! Please consider participating in the webinars and the mentorship program. We would also love to hear about any other activities that you are interested in developing or attending.

Best wishes for 2016!

From the desk of the Executive Director*Liz Kramer*

**Elections are
coming in
February!**

**You must be a
member in
good standing
in order to
vote, which
means if you
haven't yet
renewed your
membership
you must do so
by January 31**

Time passes quickly. In just a little over three months we will be saying, "Welcome to Minneapolis" face to face rather than in a newsletter. With the wind chill at -5 degrees F in Philadelphia right now, I find myself thinking about those of you who live in the mid-west, for whom this is probably a typical winter day. But I'm sure all of us already are looking forward to spring. I know I am!

Minneapolis and her twin city, St. Paul, are rich in culture and ethnic diversity, the top 8 ethnic groups (in rank order from largest to smallest) being: Mexican, Indian, Hmong, Somali, Chinese, Korean, Ethiopian, and Liberian. The locals want us to stay and visit after the meeting or to come early. To help you plan your trip, and enhance your enjoyment of the meeting our "local host," Bruce Field has put together a very nice table of restaurants, places to go, and things to see and do. You will find it on the facing page. You also will find the almost final program starting on page [5](#). The final one will be posted on our website, www.psychiatryandculture.org early in February.

Don't forget to register for the meeting at the website, book your room at the Commons Hotel, where we have a room block and a special rate of \$144.00 per night plus tax, single or double occupancy. The reservation phone number is 800- 822-6757 or you can register by emailing Lacy Hinson at lhinson@commonshotel.com and specify what dates you are staying. Be sure to tell them you will be attending the SSPC meeting either way so you get the negotiated rate. And now to the other things that will be happening between now and May. What you don't see here can be found in Roberto's note.

Nominations for the Board are now open. There are three openings, two due to expired terms and one new slot created so that we have even distribution, with 3 members turning over each year. The two individuals whose terms are expiring are Brandon Kohrt and Sergio Villaseñor-Bayardo, both of whom are eligible for re-election. Individuals can nominate themselves or be nominated by others, but nominations close on January 31 and the election will be held early in February. *You must be a member in good standing in order to vote, which means if you haven't yet renewed your membership you must do so by January 31.* The same rule applies to nominating colleagues for the Lifetime Achievement and Creative Scholarship Awards. Members recently received a mailing about this.

We owe many of you apologies for the problems you had submitting proposals in response to our call for papers this year. You have my word that these are being addressed and that things will be done differently - and far more simply - next year. We also are tweaking some problems with our new website and these should be straightened out soon. Please bear with us.

My door is always open. Please feel free to email me at ekramer931@gmail.com, or call me at (484) 416-3915. If you call just remember that I live in the eastern time zone.

Minneapolis In a Nutshell

Bruce Field

There is so much to see and do in Minneapolis/St. Paul! Here's some suggestions for nearby cuisine, and for those who are staying before/after the meeting, more things to make the most of your time in the Twin Cities.

Neighborhood Restaurants:

Village Wok	Student favorite that has been there forever. Cheap. Sometimes busy.
Little Szechuan	Spicy and tasty. Inexpensive. Décor could use an update.
Hong Kong Noodle	Inexpensive noodle shop that is a student favorite.
Loring Pasta Bar	This restaurant used to be at Loring Park. No prices on menu on website which scares me. I liked it when it was at the park.
Annie's Parlour	Well-known burger place apparently with a great view of things. My friends who went to U of M like this place.
Shuang Cheng	I have been told by people I trust that their seafood dishes are very good.
Punch Pizza Stadium Village	Excellent Neapolitan pizza. Not expensive.
Surly Pub	This brewery recently opened this pub. I know the beer is excellent and I heard the food is good.

Cheap Eats:

Bangkok Thai Deli	In St. Paul but easy to get there by Green Line. Cheap and good Thai food.
Quang	Best pho in town and cheap but will require ride. This place makes an all-vegetarian Vietnamese soup which is great for those so inclined.
Hola Arepa	A new find. Great Arepas. Inexpensive.
El Burrito Mercado	In St. Paul. Mexican market and cafeteria. The real deal and cheap. Will require a ride.

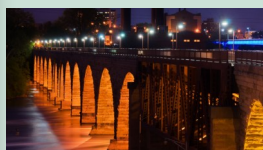
Destination Restaurants & Bars:

112 Eatery	Great fairly small restaurant
Restaurant Alma	One of my favorite restaurants for a special occasion.
Origami	Loved this sushi restaurant in the north loop that just closed. I have not been to this location in Uptown.
Sakura	Best sushi in St. Paul. It will require a ride.
Massa	Upscale Mexican. Pricey if you get their large entrees. Across from the MN orchestra. Love the calamari and black rice appetizer. Great margaritas.
Bar La Grassa	Great Italian food. The fact that you can order half pastas and small plates makes this restaurant affordable compared to others on this list. Fun, lively place but can be noisy.
Masu – Northeast	I have not been here but heard it is very good.
Tattersal – cocktail bar in northeast	I have not been to this place. Great drinks according to friends.
Spoon & Stable	New chef driven restaurant that has recently won a bunch of accolades. I have not been there yet. It may be hard to get a reservation.
Bachelor Farmer	Another restaurant that has got lots of attention and may be hard to get a reservation if you wait to the weekend of the conference.
Al vento	Cozy Italian restaurant in residential neighborhood with great pasta and good wines.
Butcher and the Boar	Meaty restaurant so I have not been there but friends tell me it is very good.
Saffron	One of my favorite Mediterranean restaurants in warehouse district so great location. New menu looks pricey. There used to be inexpensive options on the menu.

Continued next page



Perfect for the mental health crowd, Harvey is playing at the Guthrie Theatre during the SSPC meeting!



Beautiful by moonlight, the Stone Arch Bridge is the only one of its kind over the Mississippi River.

*Photo credit:
stonearchbridge.com*

Minneapolis in a Nutshell, continued

For guests, culture vultures and tourists who are staying for the weekend

Museums

Mia Museum	Premier art museum in the Twin Cities. Worth going just to see Rembrandt's death of Lucretia
Weisman Museum	Worth the walk just to see this Frank Gehry building. Not far from the conference site.
Walker Art Museum	Modern art museum with great outdoor sculpture garden
Museum of Russian Art	Wonderful small museum

Performing Arts

The twin cities theatre scene probably only trails NYC and Chicago. The Guthrie is a nationally recognized theatre but here are some of the other great companies that are less well known but often have great offerings.

Guthrie Theatre	Theatre in the Round
History Theatre	Penumbra Theatre
Jungle Theatre	Mu Performing Arts
Mixed Blood Theatre	Northrup Auditorium

Music:

Dakota Jazz	Great space to hear jazz bands and popular music. Good food too.
First Avenue	Premiere spot for rock and roll
Varsity	Local space close to conference that has a variety of music and other performances. No performances currently scheduled, but check back.
MN Orchestra	After a long and bitter strike, they sound great.
St. Paul Chamber Orchestra	After a long and bitter strike, they sound great too.

Places to walk/run/bike-ride:

Trails by East and West River Road	Not far from conference. Great vistas of the Mississippi River.
Chain of Lakes (Iles, Calhoun, Harriet)	Beautiful lakes in downtown Minneapolis. Possible to rent boats here. Great place to people watch.
Green Way	Great trail that leads to other trails and connects to St. Paul. It is possible to rent bikes all over Minneapolis at https://www.niceridemn.org
Stone Arch Bridge	Beautiful pedestrian bridge not far from the conference that gives you view of St. Anthony Falls https://en.wikipedia.org/wiki/Saint_Anthony_Falls which was an important sacred site for the Dakota Indians and has an important place in the birth of the Twin Cities and later in being the epicenter for the early key industries of lumber and milling.

Mall of America

The unavoidable landmark. If possible take light rail <http://www.metrotransit.org/metro-blue-line> to the mall to avoid having to park and have a public transportation experience. If you are bringing kids, the mall has an amusement park and an aquarium worth seeing.

Transforming Policy and Practice for Culturally Competent Mental Health Care

Tentative Program Schedule

Day 1, Thursday, May 5, 2016

Time	Title	Speaker/Facilitator
8:30 – 9:00	Welcome Remarks	
9:00 – 10:00	Opening Plenary: Challenges and Opportunities of Coaching Providers in Shared Decision-Making and Improved Communication with their Multicultural Patients	Margarita Alegría
10:00 – 10:30	Break	
10:30 – 12:00	ACA Plenary, Part 1: The Patient Protection and Affordable Care Act: Issues, Challenges, and Solutions for Cultural Psychiatry	Chair: Octavio Martínez Donald Banik Sergio Aguilar-Gaxiola Kathy Sanders
12:00 – 1:00	Lunch	
1:00 – 3:00	ACA Plenary, Part 2: The Patient Protection and Affordable Care Act: Issues, Challenges, and Solutions for Cultural Psychiatry	Chair: Octavio Martínez Donald Banik Sergio Aguilar-Gaxiola Kathy Sanders
3:00 – 3:30	Break	
3:30 - 5:30	Paper Session 1: Education – Innovations, Part 1	
	Development of a transformative leadership and health systems strengthening training program: a pathway to engaging underserved populations	Gilberte Bastien
	The use of a mental health awareness tour to increase awareness of health disparities and mental health	Auralyd Padilla
	<i>Espiritualidad y lenguaje</i> : development of cultural competence with Latina populations through a service-learning course	Alyssa Ramirez Stege
	Using indigenous proverbs to improve cross-cultural communication and understanding of mental health concepts	Ahmed Hassan
	"Learning from success" as a cultural training tool	Matityahu Angel
	Workshop 1: Crouching Educator, Hidden Curriculum: The Art of Cultural Competence Education	Kenneth Fung Lisa Andermann Alpna Munshi
	Workshop 2: Making Culture Matter in Complex Care Delivery and Organizational Practice	Madhuri Shors Dennis Maurer Roli Dwivedi Kate Erickson
6:00 – 8:00	Reception at the Campus Club	

Campus Club at University of Minnesota, 4th floor of Coffman Memorial Union, 300 Washington Ave SE. Park in the adjacent East River Garage.

Photo credit: campusclubumn.org

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Time	Title	Speaker/Facilitator
8:30 – 10:30	Workshop 3: Training Clinicians in the DSM-5 Cultural Formulation Interview: An Evidence-Based Didactic and Experiential Workshop	Neil Aggarwal Ravi DeSilva Roberto Lewis-Fernandez
	Workshop 4: Family and Culture: Clinical Tools for Every Day Practice	Ellen Berman Alison Heru
	Symposium 1: Politics of Concern	Bruce Field Holly Dunn Nancy Luxon Discussant: Lisa Hilbaink
	Paper Session 2: Explanatory Models, Cultural Context, and Care	
	Therapist-patient discrepancy in illness explanations and early outcome in intercultural psychotherapy	Samrad Ghane
	How does meaning matter? treatment seeking for first-episode psychosis in a Latino population of Los Angeles County	Ippolytos Kalofonos
	It made sense at the time: gaps between policy formation and practice	Bruce Rosenthal
	Depression treatment-seeking in the context of a drug epidemic: same services, different stigmas	Claire Snell-Rood
	The mediating role of family conflict, parental monitoring, and deviant peer relationships on the association between intergenerational cultural dissonance and alcohol use among Asian American youth	Jeremy Kane
	Been there, done that!: Integrating of peer counselors in person-centered treatment	Liliane Rocha
10:30 – 10:45	Break	
10:45 - 11:30	John Spiegel Memorial Lecture: Rethinking the concept of "kokoro no kea" (care for mind) for victims of disaster in Japan	Saikiko Yamaguchi
11:30-12:30	POSTER SESSION (SEE FOLLOWING PAGE)	
12:30 – 1:15	Lunch	
1:15-3:15	Workshop 5: Deportation of Mentally Ill Individuals Detained Under ICE Custody: Law Student Clinic and Psychiatry-Law Partnership	Chair: Jerome Kroll Linus Chan Chinmoy Gulrajani Nicholas Hittler
	Symposium 2: Transforming Counter-terrorism Policy by Researching Religious Justifications of Violence: Three Cases of Islamist Terrorism	Neil Aggarwal John Horga Stevan Weine Ronald Schouten
	Workshop 6: Teaching the Management of Stigma Using Social Psychology and Social Neuroscience	James Griffith Brandon Kohrt
	Workshop 7: Mindfulness and Racial Bias: Interrupting Unconscious Patterns	Terri Karis Madhuri Shors

Continued next page

3:15 – 3:30	Break	
3:30 – 5:30	Paper Session 3:	
	Training Muslim religious leaders to reduce stigma and improve access to mental health care	Ahmed Hassan Pa Chia Vue
	Structural competency: experiences of early adopters of social determinants of health-focused clinical curricula	Sewit Bereket
	Reflecting on the educational and training aspects of the cultural experience in the placement of first-year medical students in First Nation and Métis communities	Bobby Chaudhuri
	Microaggressions: A perspective on building a cultural psychiatry curriculum	Anique Forrester
	Local reflective practice: A simple, comprehensive framework for cultural training of health service psychologists	Kelly M. Moore
	Paper Session 4:	
	A qualitative study of community and health worker perceptions of task sharing: lessons learned from Nepal	Anna Fiskin
	Access to what? contextualizing “diagnosis,” “recovery,” and “access to care” in Northern India	Sumeet Jain
	Culturally adapting the recovery paradigm in Jamaica: Overview of practices in a homeless shelter for people living with mental health problems	Jessica M.V. Spagnolo
	The pluralism of choice: caregiving for alzheimer's in a traditional Mexican village	Jonathan Yahalom
	Mental health promotion for indigenous populations: Exchanging projects among American countries	Renato Antunes dos Santos
	Workshop 8: Cultural Family Therapy - The Theory and Practice of Cultural Psychiatry with Families	Vincenzo Di Nicola Steven J. Wolin
	Workshop 9: Lessons from the Birth of the Women’s Movement: The film, “She’s Beautiful	Francis Lu Moderator: Shannon Suo

Time	Title	Speaker/Facilitator
8:30-10:30	Workshop 10: Cross-Cultural Instrument Adaptation Part 1: Adaptation of Instruments	Bonnie Kaiser Brandon Kohrt Andrew Rasmussen Nuwan Jayawickreme
	Workshop 11: Implementing Culturally Sensitive Integrated Care Models: From Theory to Practice	Albert Yeung Trina Chang Nhi-Ha Trinh
	Paper Session 5:	
	Examining community capacity to support Karen refugee women's mental health and well-being in the context of resettlement in Canada	Nancy Clark
	Responding to the border crisis: Reflections of a clinical trainee	Rosemary Fister
	Integration of a refugee mental health service into a family medicine clinic	Larry Merkel
	Characteristics of culturally responsive mental health care systems for refugees	Patricia Shannon
	Diasporic encounters with culture: implications for policy and practice	Joan Simulchik
10:30 – 11:00	Break	
11:00 – 11:45	Charles Hughes Memorial Fellowship: Cholera, stigma, and the policy tangle in the Dominican Republic: an ethnography	Hunter Keys
11:45 – 12:45	Lunch	
12:45 – 2:45	Workshop 12: Cross-Cultural Instrument Adaptation Part 2: Novel Tool Development	Bonnie Kaiser Brandon Kohrt Andrew Rasmussen Nuwan Jayawickreme
	Workshop 13: Providing Quality Health Care with CLAS: Curriculum for Developing Culturally and Linguistically Appropriate Services.	Hendry Ton Sergio Aguilar-Gaxiola Linda Zieghan
	Workshop 14: A Sociocultural Approach to the Assessment and Management of Postpartum De-	Pamela Montano Maria Jose Lisotto Matthew Dominguez
2:45 – 3:00	Break	
3:00 - 5:00	Workshop 15: Family Systems, Culture and Addiction	Jacqueline Hudak
	Workshop 16: The Amish and Mental Health Care: An Introduction to Cultural Factors, Current	Emily Troyer Mary Kay Smith Julian Davies
	Paper Session 6:	
	Community mental health in the Vanni: A community-based empowerment method for mass trauma and reconciliation	Kate Benham
	Political terrorism and prolonged abduction in Africa	Samuel Okpaku
	Cure violence/heal trauma: A cognitive behavioral approach to reducing community violence in minority communities	Matthew Domínguez
	UVA-Guatemala initiative for mental health: mental health care in post conflict countries and implement changes in poor resource settings	Souraya Torbey
	Psychotherapy in the wake and waves of colonization	Lucas Trout

Ethnic and gender differences in domains of mental health recovery in a transcultural community mental health clinic	Poh Choo How
Exploring older Hmong individuals' expression and experience of depression: A qualitative study	Pachida Lo
Psychiatrists in white coats through the eye of culture	Douna Montazeralgharem
Understanding South Asian culture and its impact on practice of psychiatry	Puneet Narang
Comparison of patient and clinician assessment on changes of depression symptomatology and patient-reported perceived improvement	Angela Potes
Advocating for advocacy: Assessing advocacy skills and student development in counseling psychology doctoral program	Alyssa Ramírez-Stege
Culture and mental health in a regional health district in Australia: Challenges and opportunities	Bipin Ravindran
Behavioral health services within an immigrant community: A population health perspective from a student-run free clinic	Juan Rodríguez-Guzmán
Attitudes and perceptions of suicide and suicide prevention messages for Asian Americans	Priyata Thapa
The duration of untreated psychosis in an outpatient clinic in Mexico	Sylvanna Vargas
An In-depth case study of urban space and parental agency in a public housing project in Baltimore City	J. Corey Williams
Bad eye: North Siberian Turk culture-bound syndrome	Tsezar Korolenko Tatiana Korolenko
The potential contribution of societal racial bias to disparities in health care and health status	Velandy Manohar
The experiences of families with mental disorder patients in Kuningan - Indonesia 2015	Nunut Suciworo/ Khusnul Aini
Emotion experiences predict the conversion of individuals with Attenuated Psychosis Syndrome to psychosis: A six-month follow up study	Fa-Zhen Chen
Mediation in mental health in upper Maroni: Cultural competency guidelines and practice	Rachel Merlet
Assessment of training needs in developing culturally competent mental health training models	Vishali Raval

Membership and Annual Meeting Discounts

Shannon Suo

Don't forget that members save **more** than the difference between their registration and dues! For example, attending physician members pay \$600 for the annual meeting and \$225 for dues, compared with \$850 registration for non-member attending physicians. Non-physicians, early career physicians, retirees, and trainees receive a discounted member rate with similar savings on annual meeting registration.

Simply create a membership account [here](#) and sign up, then go to the meeting registration page [here](#) to save money! Already paid your dues for 2016? Go straight to Annual Meeting [registration](#), sign in and register. See you at the meeting in May!



psychiatryandculture.org

Be sure to renew your membership for 2016! Click [here](#) to pay your dues online.

Leave a legacy—consider donating to SSPC or recognizing SSPC in your will. While dues are not tax-deductible as charitable, donations are!

SSPC is a 501(c)3 charitable organization
Tax ID #931133972

Dues are not deductible as a charitable expense, but may be deductible as a business expense. Consult with your tax advisor for details.

Contact SSPC

Unless otherwise instructed, please do not send email to sspc2016@gmail.com. That box is for limited administrative functions and is not checked often. Instead, please send your emails directly to the people for whom they are intended. If you're not sure to whom they should go, send them to Liz and she will forward them appropriately. Thanks!

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