

WEBINAR

# Beyond Anti-Asian Racism

## Healing Intergenerational Traumas Through Cross-Racial Social Justice Work

Discussants

Lisa Nakamura and Aura Newlin

Moderated by Seran Schug, Mariko Shimizu, and Anna Fiskin

Saturday, April 17, 2021

10–11 am PDT / 1–2 pm EDT

## Learning Objectives

1. Participants will learn about how intergenerational trauma can manifest in the context of Anti-Asian racism.
2. Participants will learn about the “Healing Circles for Change” model as a step in building cross-racial social justice movements.

## How to Register

Register in advance for this meeting at:  
<https://ucsf.zoom.us/meeting/register/tJwkf-GsrjsqE9CZXF2zU-1yjkwa1lnV4EM>

After registering, you will receive a confirmation email containing information about joining the meeting. Live stream viewing of the webinar is **free for members and non-members**. Members can view the webinar at the SSPC webinar library at any time after the event without registering.

## About SSPC Webinars

Moderated by **Kenneth Fung** and **Anna Fiskin**, the SSPC Webinar Series features the latest hot topics in Cultural Psychiatry. Join in our webinar, enjoy our keynote presentations, and participate in live interactive discussions and exchange with colleagues around the world.

The SSPC is a nonprofit, interdisciplinary organization devoted to furthering research, clinical care, and education in cultural aspects of mental health and illness. We aim to promote cultural psychiatry in North American professional groups and to collaborate with national and international organizations in the development of policy and practice. Primarily rooted in North America, we provide an interface for domestic and international interests of cultural psychiatry and mental health.

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## DISCUSSANTS



**Lisa Nakamura, PsyD**, is a clinical psychologist who has worked as a therapist and assessment psychologist with

children and youth on Medical and in the foster care system for over five years in Oakland with WestCoast Children's Clinic. Prior to becoming a clinical psychologist, she worked with Asian and Pacific Islander Wellness Center for several years with API youth involved in the juvenile justice system, facilitating groups for boys in juvenile hall and running a peer counseling, sexual health after school program for at risk API youth in San Francisco. For over a year, Dr. Nakamura has been volunteering with Tsuru for Solidarity, a nonviolent, direct action project of Japanese American social justice advocates and allies working to end detention sites and support directly impacted immigrant and refugee communities that are being targeted by racist, inhumane immigration policies. Through this group, she has been helping train and launch Healing Circles for Change to deepen ties between and within communities of color in building towards social justice.



**Aura (Sunada-Matsumura) Newlin, MA**, is an Assistant Professor of Anthropology and Sociology at

Northwest College in Powell, Wyoming. A fourth-generation Wyomingite and fourth-generation Japanese American, her heritage involves intertwined stories of imprisonment at Heart Mountain, Tule Lake, and Manzanar; racially segregated military service; and hardships suffered by Wyoming railroaders who were fired because of their

Japanese ancestry. Prof. Newlin is Board Secretary for the Heart Mountain Wyoming Foundation and a board member for the National Consortium on Racial and Ethnic Fairness in the Courts. She was a founding member of the National Steering Committee for Tsuru for Solidarity, a group of Japanese Americans working to end immigrant detention, amplify voices of BIPOC partner organizations, and facilitate intergenerational and interracial healing. She regularly delivers presentations to legal and lay audiences around the country about the contemporary relevance of Japanese American incarceration. Prof. Newlin earned a BA in ethnomusicology from the University of Wyoming and an MA in medical anthropology from Case Western Reserve University, where she specialized in global health and infectious disease control. Now focusing on the anthropology of justice, she is a PhD candidate at Case Western Reserve University. As an educator, she is dedicated to instilling in learners a heightened capacity for compassion and empathy toward those who are different from them.

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## MODERATORS

**Seran Schug, PhD, LPC, BC-DMT** (moderator), is an anthropologist and dance/movement therapist who specializes in aesthetic anthropology and global mental health. She is a full time Lecturer in the Sociology and Anthropology Department at Rowan University in NJ where she also coordinates collaborative community arts programs that focus on trauma informed care. She is currently conducting ethnographic research with psychologists from Yerevan, Armenia to explore the local knowledges they use to build a new mental health system in an area that is under-resourced and

currently experiencing social and political change.

**Mariko Shimizu, MD** (moderator), is a fourth-year psychiatry resident at the University of Massachusetts Medical School where she serves as a chief resident of geriatric psychiatry and co-chief resident of ambulatory psychiatry. She is one of the Society for the Study of Psychiatry and Culture Leadership Fellowship members for 2020-2021.

**Anna Fiskin, MD** (moderator), is a psychiatrist who specializes in cultural psychiatry and global mental health. She is an Assistant Clinical Professor at UCSF and Assistant Medical Director at Chinatown North Beach Mental Health Services in San Francisco, California, where she works with a diverse patient population from China, Cambodia, Laos, and Vietnam. She is the Cultural Psychiatry faculty lead for UCSF Psychiatry HEAL Fellowship in Global Mental Health and a cochair of the Cultural Psychiatry Area of Distinction for UCSF Psychiatry residency program. She is also a board member of the Society for the Study of Psychiatry and Culture.

