

## **DEVELOPMENT OF A CULTURALLY SENSITIVE ASIAN AMERICAN/PACIFIC ISLANDER CURRICULUM FOR CHILD PSYCHIATRY TRAINEES**

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The Asian American and Pacific Islander (AAPI) population is the fastest growing minority group in the US, have higher rates of depression/suicide attempts but are among the least likely to receive treatment, in part due to lack of culturally sensitive providers. The ACGME requires training programs to develop curricula that reflect the needs of their communities, particularly in racial minorities. AAPI individuals represent 6.8% of the US population, but few training programs, have reported curricula specifically on AAPI culture, needs and treatment. Learning objectives from this curriculum to fill this gap in education include: defining cultural identity, cultural humility, and specific challenges and guidance in treating AAPI families. In the past year, 5 guest lectures were given to 14 child psychiatry fellows at the University of Maryland on these themes. All fellows were based in Baltimore and guest lecturers with expertise in these fields spoke virtually from various institutes/private practice locations across the US. Lectures varied between 1-2 hours in a lecture format that included interactive discussion.

Participants provided survey feedback on 5 questions. Responses reflected that the series deepened their understanding of the issues facing AAPI families, and recommended that this lecture series be repeated for future trainees. Specific feedback reported that this information was important to personal/professional understanding of the AAPI community and was lacking in their prior training.

Due to a lack in standardized curriculum on culturally sensitive psychiatry, there is a significant dearth in providers/mentors with AAPI-specific knowledge. Training psychiatrists in structural competency and cultural humility is more predictive of positive patient outcomes than demographic of the provider themselves. Future lectures at this program will include how to engage AAPI communities in treatment and case consultation. Broader future goals would include standardizing and more widespread implementation of similar AAPI curricula across programs.

### **Full List of Authors**

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### **Learning Objectives**

At the conclusion of this presentation, participants will be able to:

1. Identify ways in which AAPI mental health and treatment are important to child psychiatry training
2. Recognize important topics within AAPI mental health highlighted within a training curriculum